

My Weekly Revision Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00 am							
9:00 am							
10:00 am							
11:00 am							
12:00 am							
1:00 pm							
2:00 pm							
3:00 pm							
4:00 pm							
5:00 pm							
6:00 pm							
7:00 pm							
8:00 pm							

Tip 1: Stay positive - if you work hard and practise effectively, you will succeed!

Tip 2: Test yourself, don't just read. Use practice questions and mark them or re-write notes from memory.

Tip 3: Be disciplined - stick to your plan! You can change/move it, but make sure you stick to it!

Metacognition: Self testing



Revise

Spend 10 minutes to create a flashcard on the information you need to revise. Try to **condense** into brief notes with just **key words and ideas**.

10 min



Re-test

Now test yourself again. Use a blank sheet of paper again or hand your flashcards to someone else to see how much you can say aloud from memory.

5 min



5 min

Test yourself

Now test yourself! Take a blank piece of paper and see how much you can re-call, expanding on your key points on the flashcard as much as possible.



5 min

Review

Now look back at your notes/flashcard and add anything you've missed.

