

CORONAVIRUS (COVID-19)

Protect Yourself & Others



Cough/sneeze
into tissue or the
crook of your arm



Avoid shaking
hands



Wash hands
thoroughly



Stay home if you
have travelled to
category 1 or 2
areas

If you have been to an affected place in the last 14 days

or

had contact with somebody with Coronavirus,

and

do you have any of these symptoms?

(Cough, Fever, Shortness of Breath)

If yes, to protect yourself and others, please go home
and call NHS 111 for advice